



SPA RESORTS
& LODGES



www.adler-resorts.com

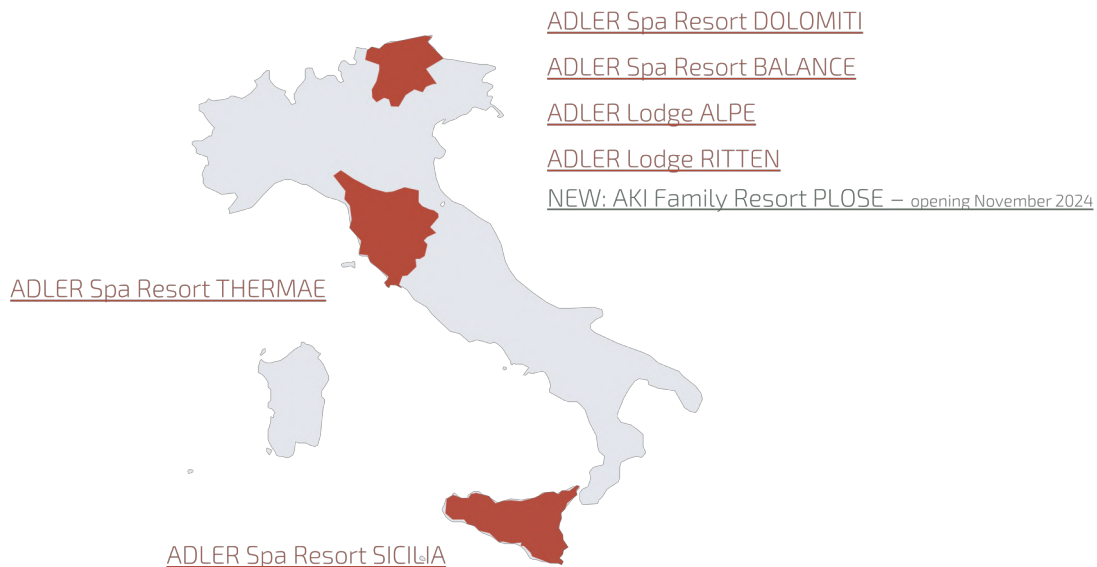
ADLER Spa Resorts & Lodges

ADLER comprises **7 properties** located in stunning places in Italy, often **UNESCO sites**.

5 of them in South Tyrol, 1 in Tuscany and 1 in Sicily.

The ADLER Spa Resorts & Lodges are embedded in their natural and cultural environment in an unmistakable way. The architectural details reflect the special features of the region.

DESTINATIONS



EXPERIENCES

OUTDOOR:

ADLER has a range of outdoor activities that addresses two needs deeply rooted in man: the desire for exercise and the yearning for nature. The destinations link these two elements perfectly.

GOURMET:

A holiday finds its perfection in culinary delight. That's why ADLER attaches great importance to top quality cuisine and taste experience. Natural, high-quality and, as far as possible, regional ingredients are at the heart of the Cuisine.

SPA

ADLER likes to enable guests to leave stressful things completely behind and to step out of our wellness, sauna and bathing worlds with a feeling of lightness and light-heartedness.

MED

The ADLER Med health resorts ADLER Balance, ADLER Thermae and ADLER Sicilia make it easier to invest in health by offering premium therapeutic programmes and medical services – delivered with tactful professionalism in an exclusive atmosphere.

ADLER Spa Resort DOLOMITI

Under the spell of the mountains: Pure light-heartedness



Nestled among the majestic peaks and green hills of Val Gardena, **ADLER Spa Resort DOLOMITI** blends harmoniously into its idyllic surroundings. The Val Gardena area has always had an irresistible pull on nature enthusiasts, but it is not just the location that makes this a haven of relaxation and regeneration. The new spa area and the feel-good ambience of ADLER Spa Resort DOLOMITI are specially designed to help guests find the way back to lightness and offer a unique holiday experience.

LOCATION: Ortisei, Val Gardena, Dolomites

OPENING: 1810 (historical main building)

OPENING TIMES: open all year round except mid-April to mid-May

NUMBER OF ROOMS: 108 (Single Rooms, Superior Double Rooms, Junior Suites and Family Suites)

CUISINE: half board, Alpine-Mediterranean cuisine, light lunch and drinks subject to charge

WELLNESS & SPA: 4,000 m² with pools, saunas, relaxation areas and signature spa treatment rooms

INCLUDED ACTIVITIES: guided hiking and biking, free e-bike rental, Nordic walking, ski guiding, snow shoeing, Yoga pavilion, fitness area, pilates, acqua gym, HIIT, wine, beer and grappa tastings

KIDS: children from 0 years, Kids Club from 4 years (daily opened)

CLOSEST AIRPORTS: Bolzano 45 km (27 miles), Innsbruck 112 km (69 miles), Verona 189 km (117 miles)

ADLER Spa Resort THERMAE

Your resort in the heart of Tuscany



ADLER Spa Resort THERMAE is a shrine of well-being situated among the UNESCO-listed rolling hills of Val D'Orcia. Surrounded by picturesque vineyards, cypress groves and historical villages, guests can spend an active holiday and explore the diversity of Tuscan culture – local specialities included. At ADLER Thermæ, guests will be pampered with a well-rounded choice of culinary pleasures, from light lunches in the cosy park osteria to candlelight al fresco dinners in the outdoor restaurant.

LOCATION: Bagno Vignoni, Siena, Toscana

OPENING: 2004

OPENING TIMES: open year-round, except from early January to early February

NUMBER OF ROOMS: 90 (Single Rooms, Superior double rooms and Family Suites)

CUISINE: half board, authentic Tuscan-Italian cuisine, private winery, lunch at the Osteria and drinks subject to charge

WELLNESS & SPA: 1,000 m² – saunas, relaxation areas, thermal water pool, inhouse medical spa specialised on holistic and aesthetic medicine, signature spa treatment rooms

INCLUDED ACTIVITIES: guided hiking and biking, free e-bike rental, gravel bike, fitness area, yoga, pilates, HIIT, culinary events and wine tastings

KIDS: children from 4 years and older are welcome (Kids Club daily opened)

CLOSEST AIRPORTS: Florence 150 km (93 miles), Rome 210 km (130 miles)

ADLER Spa Resort BALANCE

Energised and balanced in the Dolomites



With an impressive offer of services, ranging from medical therapies to exclusive spa and beauty treatments, guests can truly forget the daily grind and focus exclusively on health and wellness needs. A wide choice of sports and leisure activities and an invigorating natural setting await our guests at **ADLER Spa Resort BALANCE**. Breathe in the pure, revitalising mountain air and make time for the well-being of your body and mind.

LOCATION: Ortisei, Val Gardena, Dolomites

OPENING: 2008

OPENING TIMES: open year-round, except from mid-April to the end of May

NUMBER OF ROOMS: 31 (Single Rooms, Junior Suites and Family Suites)

CUISINE: half board, regional and organic light gourmet cuisine

WELLNESS & SPA: inhouse medical spa specialized on holistic and aesthetic medicine, diagnostics and prevention, nutrition and stress management, wellness and spa facilities shared with ADLER Dolomiti

INCLUDED ACTIVITIES: guided hiking and biking, free e-bike rental, Nordic walking, ski guiding, snow shoeing, yoga pavilion, fitness area, pilates, acqua gym, HIIT, personalised fitness training along with medical programme

KIDS: children from 14 years and older are welcome

CLOSEST AIRPORTS: Bolzano 45 km (27 miles), Innsbruck 112 km (69 miles), Verona 189 km (117 miles)

ADLER Lodge ALPE

Understated luxury in the UNESCO-listed Dolomites



Nestled in the heart of Alpe di Siusi, the most scenic plateau in the Italian Alps, **ADLER Lodge ALPE** is the perfect starting point for a variety of outdoor pursuits. At the same time, it is an oasis of relaxation, with a heated salt-water pool and an exclusive spa in the main lodge, both affording breathtaking views. With their nature-inspired architecture, the buildings blend seamlessly into the landscape. Our guests can enjoy the view from the restaurant, with its floor-to-ceiling glazing, while indulging with delectable creations from the Alpine and Mediterranean cuisine seasoned with fresh mountain herbs.

LOCATION: Alpe di Siusi, Dolomites

OPENING: 2014

OPENING TIMES: open year-round, except from mid April to mid May

NUMBER OF ROOMS: 30 (Junior Suites, Family Suites and Private Chalets)

CUISINE: Lodge all-inclusive arrangement

WELLNESS FACILITIES: salted in/outdoor pool, panoramic saunas, Turkish bath, relaxation area, signature spa treatment rooms

INCLUDED ACTIVITIES: ski in ski out, guided hiking and biking, free e-bike rental, ski guiding, cross-country skiing, snow shoeing, inhouse ski-rental subject to charge, panoramic fitness room, yoga

KIDS: children from 8 years and older are welcome

CLOSEST AIRPORTS: Bolzano 40 km (24 miles), Innsbruck 120 km (74 miles), Verona 190 km (118 miles)

ADLER Lodge RITTEN

Your personal retreat high above the rooftops of Bolzano



Beautifully tucked away in a glade surrounded by nothing but woods, freedom and tranquillity, the chalets sit elegantly around the deep green waters of a natural pond. From the panoramic infinity-edge pool, the view glides to the stately peaks of the Dolomites. Enveloped in a curtain of scented conifers, the spa in the forest offers an immersive experience at one with the power of nature. The area enjoys a mild climate that makes the outdoors enjoyable all year round. The chefs will pamper our guests throughout the day with an all-inclusive offer of culinary delicacies,.

LOCATION: Soprabolzano, Renon, South Tyrol

OPENING: 2019

OPENING TIMES: open year-round, except from early January to early February

NUMBER OF ROOMS: 42 (Junior Suites, Family Suites and Private Chalets)

CUISINE: Lodge all-inclusive arrangement

WELLNESS FACILITIES: infinity panoramic pool, saunas in the woods, relaxation areas, fitness room, signature treatment rooms with view of the Dolomites

INCLUDED ACTIVITIES: guided hiking and biking, free e-bike rental, snow shoeing, yoga and pilates retreats, fitness room, culinary events and tastings

KIDS: children from 8 years and older are welcome

CLOSEST AIRPORTS: Bolzano 26 km (16 miles), Innsbruck 136 km (84 miles), Verona 174 km (108 miles)

ADLER Spa Resort SICILIA

A jewel in the heart of the Mediterranean



A place pervaded with the scent of the sea and surrounded by green Mediterranean macchia. With direct access to the beach and the dunes of the Torre Salsa Oriented Nature Reserve. The sustainable architecture blends perfectly into the landscape and offers maximum comfort and a welcoming atmosphere in every season. Carefree dives into the waves and large swimming pools, outdoor activities and guided tours all year round, and spa treatments inspired by the sea satisfy the desire to relax and get in touch with nature. A gentle sea breeze and breathtaking sea views accompany authentic Sicilian delicacies with fresh ingredients grown in the Resort's own garden.

LOCATION: Siculiana, Torre Salsa Natural Reserve, Sicily

OPENING: 2022

OPENING TIMES: open year-round expect from early January to mid February

NUMBER OF ROOMS: 90 (Junior Suites and Family Suites)

CUISINE: half board, authentic Sicilian-Mediterranean cuisine, lunch at Osteria and drinks subject to charge

WELLNESS FACILITIES: 3,500 m² with pools, saunas, relaxation areas, signature spa treatment rooms overlooking the sea, medical spa, direct access to the private beach

INCLUDED ACTIVITIES: guided hiking and biking, free e-bike rental, fitness area, yoga, pilates, HIIT

KIDS: children from 4 years are welcome (Kids Club daily opened)

CLOSEST AIRPORTS: Palermo 150 km (93 miles), Catania 190 km (118 miles)

NEW: AKI Family Resort PLOSE by ADLER

Memories for a lifetime



As colourful as everyday family life may be, it can be just as challenging to escape from it for a moment: to immerse in nature for an afternoon, to share peaceful moments of pleasure or to spend days of carefree togetherness. All of this is possible at the **AKI Family Resort PLOSE by ADLER**. Nature is always close at hand, the attention to detail can be seen everywhere and the feeling is always as relaxed as is in a kid's smile.

LOCATION: Meluno, Bressanone, South Tyrol

OPENING: 17th November 2024 (NEW!)

OPENING TIMES: open year-round, except in May (2025)

NUMBER OF ROOMS: 70 (Family Suites and Family Homes)

CUISINE: AKI full board with authentic Alpine and regional cuisine

WELLNESS FACILITIES: AKI wellness and water world with various pools and slides, family saunas & cozy corners. Adults-only spa, fitness room and yoga pavilion with panoramic views

INCLUDED ACTIVITIES: daily guided hikes and excursions for the whole family, guided bike tours, childcare, yoga and fitness classes, fitness room, culinary events and farm visits

KIDS: daily baby and childcare from the age of 1 month in the daycare centre and in the AKI Kids Club from 9 a.m. to 9 p.m.

CLOSEST AIRPORTS: Bolzano 54 km (34 miles), Innsbruck 91 km (56 miles), Verona 196 km (122 miles)