



ZunTold

WHERE STORIES BEGIN

Who Are We

ZunTold publishes print, audio, e books and ZunTold Living Books, as part of our Bibliotherapy service

2024
Catalogue



What's Inside

An extensive catalogue of ZunTold's current releases, and what is coming soon



Introduction

about our collection

Fiction as Therapy

Supporting your mental health and physical wellbeing through a therapeutic programme of bibliotherapy.

Books for the soul

There is a growing evidence base that therapeutic writing and reading can support people with long-term physical health conditions as well as improving mental health.

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A Cake for the Gestapo

Jacqueline King

Slotting in beside *THE MACHINE GUNNERS* and *WAR HORSE*, *A CAKE FOR THE GESTAPO* tells the story of a fictional gang of kids in Jersey during the German Occupation in WW2, weaving in very real islanders' own stories of the Occupation at its core - A history that has never before been told in children's literature.

Genre: Historical
Age: 11+
Price: £7.99
ISBN: 9781916204201



Gangster School

Kate Wiseman



1

Milly and her new friend Charlie have just started at Blaggard's.

But what's it like to be in a school that teaches lying, kidnapping and stealing instead of Maths and English? Their parents and teachers are master criminals and want them to follow in their footsteps...but are Milly and Charlie just too...dependable?

In this funny and exciting adventure, smart Milly and super-hacker Charlie face some of the worst villains around, including the cold-hearted Pecunia Badpenny and her sidekick: Wolf the evil electronic dog.

Can Milly and Charlie beat Badpenny and her demonic plans? And are they criminal enough to keep their place in a school they've come to love?

Genre: Comedy, Adventure
Age: 8-12
Price: £6.99
ISBN: 9781999863319

2

Gangster School

The Brotherhood of Brimstone

Kate Wiseman

Trouble is brewing at Blaggards School for Tomorrow's Tyrants.

Sir Byron's Brain, a priceless legendary diamond, has gone missing. If it leaves the school grounds, Blaggards will be destroyed forever and the head teacher obliterated!

Could the evil Brotherhood of Brimstone - an ancient secret society - have anything to do with it? Best friends Milly and Charlie embark on an adventure to find out. They discover a web of evil plots involving Gruffles, Charlie's stinky dog, and Wolfie, the robot dog turned invisible superhero.

Genre: Comedy, Adventure
Age: 8-12
Price: £6.99
ISBN: 9781999863326



3

Gangster School

Gruffles And The Killer Sheep

Kate Wiseman

It's Crimicon - the annual meeting for promising young criminals - and this year it's being held at Crumley's, the dreaded School for Career Criminals, who also happen to be Blaggard's bitterest rivals.

It's not until it's too late to turn back that Milly and Charlie realise that Gruffles, Charlie's devoted but stinky dog, has followed them. Can Milly and Charlie keep their school's reputation as the best school for criminals, steer clear of Dr B.L.Zeebub, Crumley's evil Head Teacher as well as keeping Gruffles out of harm's way from the Killer Sheep?

Genre: Comedy, Adventure
Age: 8-12
Price: £6.99
ISBN: 9781999863388



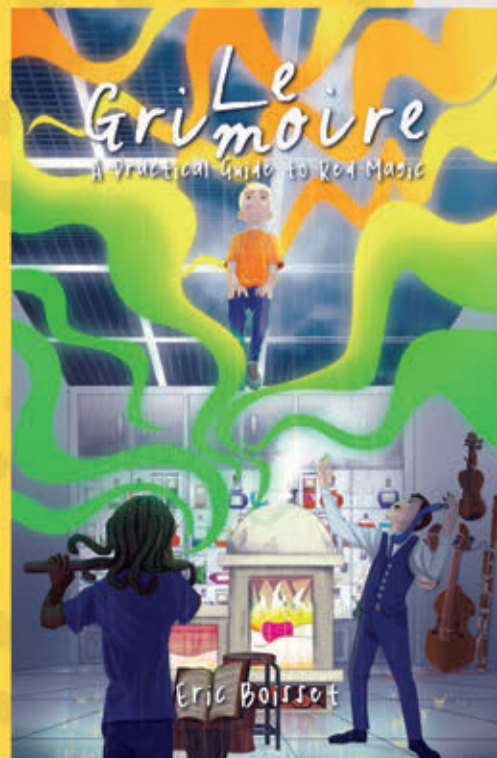
Le Grimoire

A Practical Guide to Red Magic

Eric Boisset

Twelve-year-old Theo loves to read. One day, whilst rummaging through the bookshelves in his local library, he stumbles upon a large, ancient, leather-bound book. When he opens it, he realises that it is a 'Grimoire' - a wizard's spellbook! Inside the book, Theo discovers a mysterious piece of paper - which turns out to be the key to helping him decode a recipe for an invisibility ring.

Genre: Fantasy
Age: 8-12
Price: £7.99
ISBN: 9781999863395



Always Here For You

Miriam Halahmy

14-year-old Holly is lonely.

Her parents are never around and her best friend Amy has moved abroad and found a boyfriend. There's no one to hang out with at school.

Home alone in Brighton, Holly is at rock bottom... Until she finds Jay. He's caring and funny and they have so much in common. They chat online for hours. Of course, Holly knows to be careful - she's heard the horror stories. But as she rows with Mum and Dad and Amy never messages back, Holly feels that the only person who understands her is Jay.

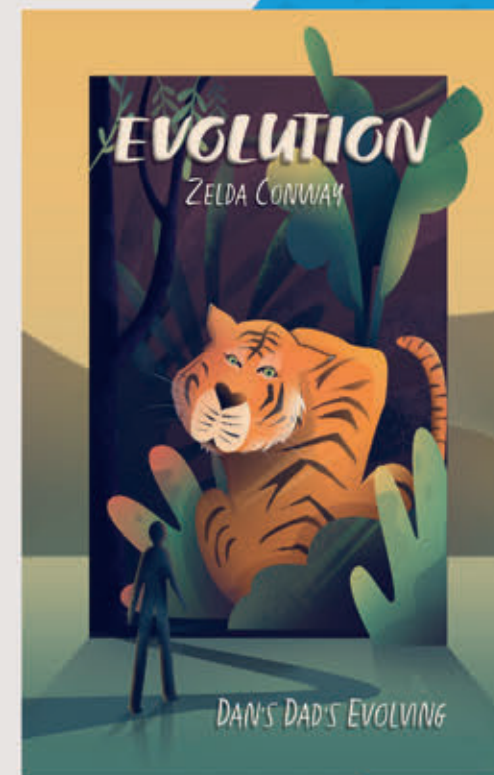
But is Jay all he seems? Is Holly in too deep? Should she agree to meet him face to face?

Genre: Contemporary, Family Relationships
Age: 12-15
Price: £8.99
ISBN: 9781916204218



Evolution

Zelda Conway



"Life sucks. School sucks. Teachers suck. Families suck, especially dads. Dads suck most of all."

13 yr old Dan is not having a good time. Mum and Dad are constantly arguing and Dan and his best friend Naomi conclude a divorce has to be on the cards.

Then one morning Dad disappears.

Dan assumes he has found a new girlfriend and won't want to see him anymore. When he confronts Mum about it, she finally tells him the truth...it's a truth, which means life will never be the same again.

Genre: LGBTQIA+, Contemporary, Relationships
Age: 12-15
Price: £8.99
ISBN: 9781919627670

The Grinning Throat

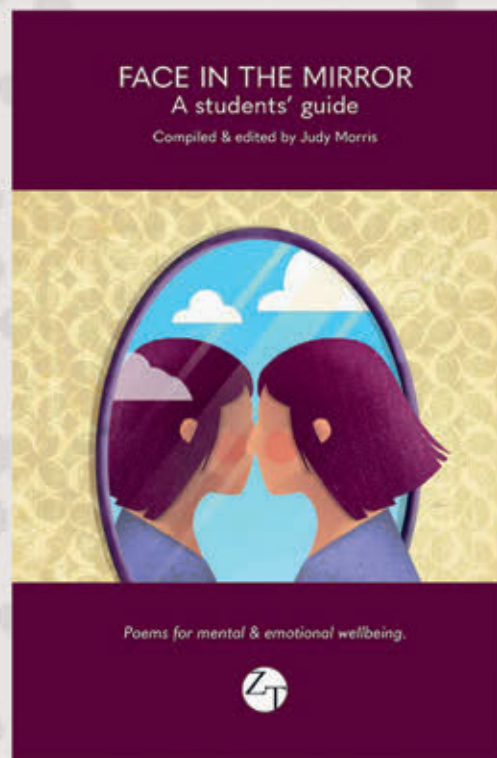
Kate Wiseman



'My first thought is that it's a pig that someone has lost to the river. Perhaps it fell off one of the barges that choke up the Thames. They're a constant feature, toiling up and down, day and night, giving off black smoke that clings to the water.' Hunger is making 15 year old Joe stupid.

Orphaned and living in Victorian London alongside his 13 year old sister, Edie, every day is a battle for survival and a breath away from ending their days in the dreaded Workhouse. They scratch out a meagre living, mudlarking on the foreshore of the River Thames, for items discarded, stolen or lost from times long past and selling their finds to notorious dealers like Hempson. One day they discover something macabre. It isn't a pig. It will change their lives forever. The Grinning throat is the first of a trilogy called The Mudlark Mysteries.

Genre: Crime, Historical
Age: 12-15
Price: £9.99
ISBN: 9781915758026



Face In The Mirror A students' guide

Judy Morris

Who am I? Is it okay for me to be different? Just what is my place in the world?

Life can be a difficult path to walk. But poetry can be a powerful and loyal friend, bringing light and joy when things seem dark, helping us find our way.

This book is a unique collection of classical and modern poetry for young people, covering a vast range of human experience. You will find the voices of young people in these pages as well as poets who lived many years ago. Their words can touch our minds and hearts, unlock our emotions and help us maintain good mental health.

A poem can help you to say, 'This is how I feel: this is my reality'. And that can be the start of a journey towards personal happiness, inner peace and wellbeing.

Genre: Poetry, Mental Health
Age: 12-16
Price: £6.99
ISBN: 9781919627687

The Game Weavers

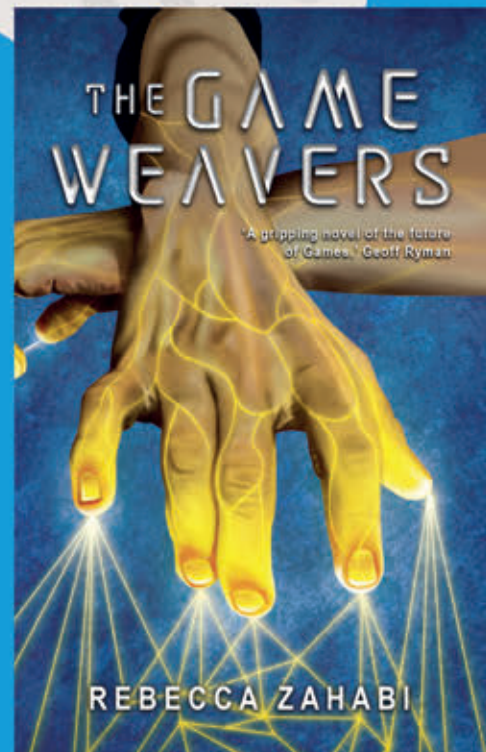
Rebecca Zahabi

Seo Kuroaku has it all.

Adopted as a boy by the formidable Sir Neil, he's the youth champion of Twine, the high-pressured national sport played in arenas where thousands come to watch as weavers craft creatures from their fingertips to wage battle against formidable opponents.

But this is a Britain of much darker times and Seo is harbouring a secret.

Genre: Fantasy
Age: 16+
Price: £9.99
ISBN: 9781916204225



Icarus And Velvet

Kate Wiseman

We increased the bounty on angels today,' my father said. He was shielding his eyes as he squinted up through the ground window at the red, dying sun. 'Five thousand pecs for a healthy woman or child...

Humanity has splintered. Over millennia, the Avians of the Clifflands have learned to fly with wings of sky metal. The Subterraneans venture to the surface only to farm in vast glass domes. Between them lies the boundless and savage Wilderness. Suspicion and hostility between their cities shadow every aspect of life in this post-apocalyptic world.

Genre: Fantasy, Romance
Age: 16+
Price: £10.99
ISBN: 9781919627632



Rapids

Anna Bowles



Yan Harris is VERY EXCITED.

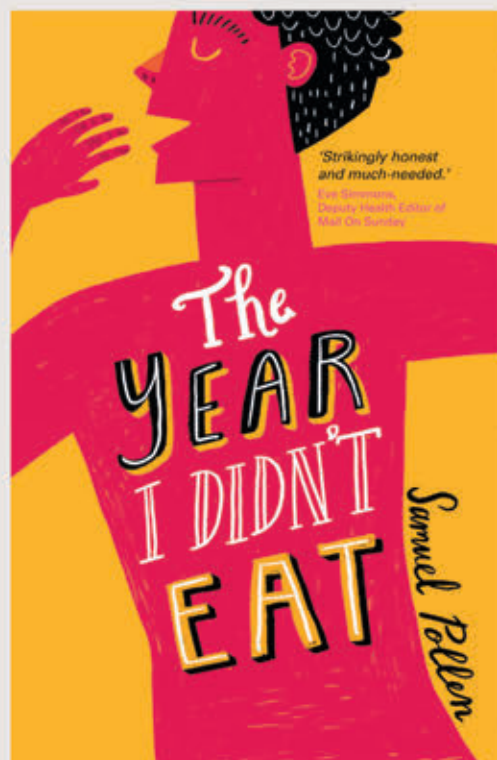
Well, of course she is. It's summer, she's got over her depression, and she's in London for a week with her BFF Chelsea.

After seventeen years in a sleepy village where everybody just knows them as The Chinese One and The Brainy One... life is calling. It's a pretty cool prospect... if Chel can stop worrying about discourse in the fandom long enough to enjoy it.

Chelsea's worried about Yan, too, to Yan's annoyance. Barely sleeping, barely eating, getting increasingly gobby, having an – ahem – close encounter in a toilet, giving a Tory MP a good kick in the shins, and running around kind of literally screaming... well, it's all just good summer fun, isn't it? Isn't it?

In the desperate battle of Yan vs. bipolar disorder, does the poor disease really stand a chance?

Genre: Contemporary
Age: 16+
Price: £9.99
ISBN: 9781916204232



The Year I Didn't Eat

Samuel Pollen

14-year-old Max only has one person he can really talk to. Her name is Ana - also known as anorexia, his eating disorder. Max writes to Ana every day. She feeds on his fears, encouraging him to lose more and more weight. For Christmas, Max gets an unusual present from his older brother Robin; a geocache. He hides it in the forest near their house, thrilled by the anonymity it gives him. Anyone can leave Max a note - and soon, he gets one from the mysterious 'E'. Could it be Evie, the new girl at school, playing tricks on him?

In the midst of a family crisis, Max's eating disorder quickly deteriorates. Ana pulls him further and further away from his family until he feels totally alone. Can anyone help him find a way out?

Genre: Family Relationships, Contemporary

Age: 12-18

Price: £8.99

ISBN: 9781999863357

Face In The Mirror

A teachers' guide

Judy Morris

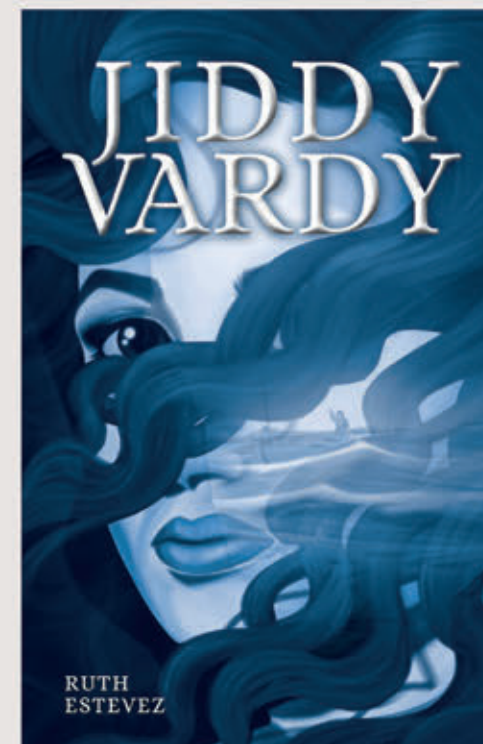
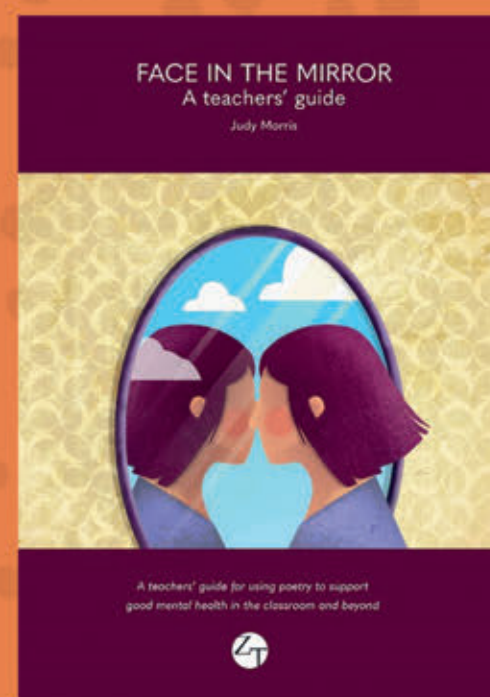
This teaching guide is intended to help young people explore issues associated with mental health, wellbeing and relationships. The lesson plans provide opportunities for young people to talk about worries and concerns, to see their connections with others and with the world around them, and to empathise with others. The aim is to move away from stigmatising mental health problems, a state of affairs that still persists in society, and to be able to talk about mental health and wellbeing issues in a normalised, accepting and supportive forum.

Genre: Poetry, Education

Age: 18+

Price: £27.99

ISBN: 9781919627694



Jiddy Vardy

Ruth Estevez

Jiddy is a survivor. Rescued at birth, Jiddy grows up in Robin Hood's Bay, a community which harbours a dangerous secret, one that could get you killed.

Always the outsider, with her dark skin and hair, at sixteen Jiddy is clever, brave and headstrong, soon risking her life and freedom to play her part in the Bay's clandestine activities.

Then, just as romance blossoms and Jiddy finally feels like she belongs, figures from the past threaten to tear her world apart, and she has to decide where her loyalties truly lie. A thrilling tale of one girl's search for identity and love, set against a backdrop of wild seas, smuggling and violence.

Genre: Historical

Age: 18+

Price: £7.99

ISBN: 9781999863302

Interviews with Beekeepers

Steve Donohoe

Beekeeping is many things to many people. Maybe it's a hobby, a vocation, a commercial enterprise or your field of study. It will almost certainly become an obsession.

For author Steve Donohoe, beekeeping was a form of therapy - an escape from the stresses of corporate life to something natural and healing. Steve decided to write the book that he wanted to read but couldn't find anywhere. Seeking out some of the most successful beekeepers in the world, Steve spent time with them, interviewed and got to know them. This book is a collection of the wisdom, experiences, opinions and stories of these legends of beekeeping.

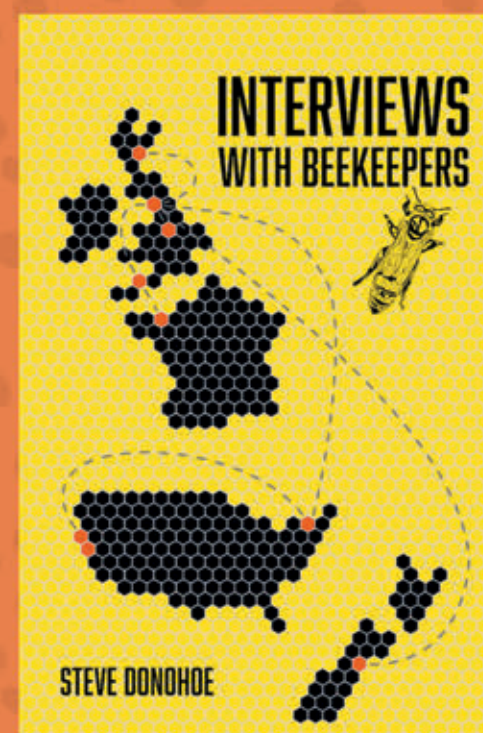
A rare insight into the lives of commercial beekeepers, warts and all, Interviews With Beekeepers is gold dust to anyone who wants to know more about keeping bees.

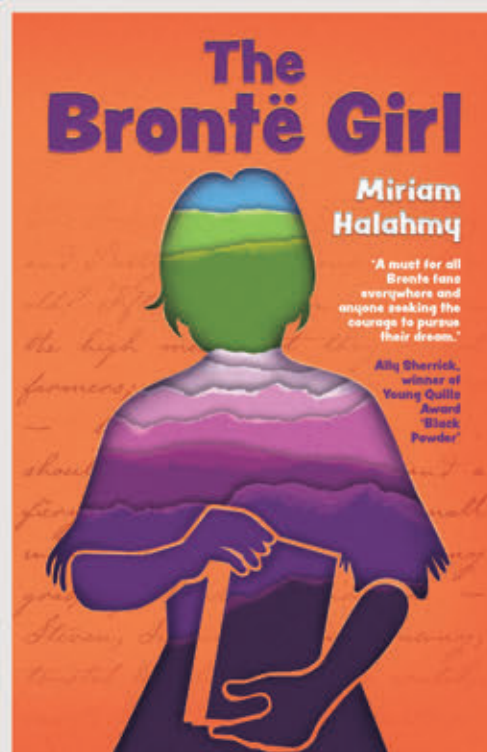
Genre: Agriculture

Age: 18+

Price: £19.99 paperback/£27.99 hardback

ISBN: 9781916204256





The Brontë Girl

Miriam Halahmy

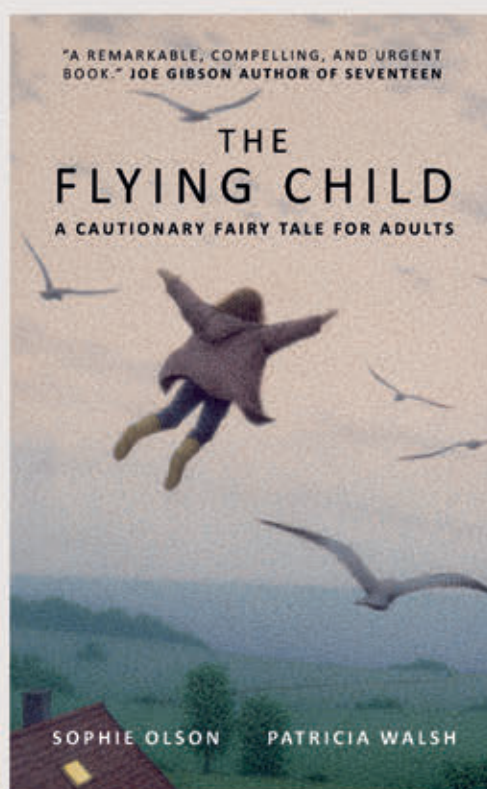
Haworth 1847. When Mother and her beloved twin brothers are taken by the Haworth 'miasma', to keep her family from the workhouse, 15-year-old Kate takes a cleaning job at The Parsonage, home to the Brontë family. Kate dreams of being a writer. Poverty and gender stand in her way and Luke Feather who wants to marry her, believes writing stories is a waste of time.

When Charlotte Brontë discovers Kate's passion for books and writing, an important friendship develops. But how can Kate achieve her ambitions to write, while locked in the daily struggle to survive in Haworth?

Genre: Historical
Age: 12+
Price: £8.99
ISBN: 9781915758064

The Flying Child A Cautionary Fairy Tale For Adults

Sophie Olson & Patricia Walsh



'And then came the session where I felt I would give up. I implied I would not necessarily come back the following week and as I got up to leave the room, Pat said, 'Try detaching from it entirely. Try writing it as a fairy story. Start with the words, once upon a time there was a little girl'. That evening, I tried. I sat on my bed and typed on the note's app of my phone Once Upon A Time ... and finally, four decades after the abuse began, the words started to flow.' Sophie Olson, Activist, Writer, Campaigner and Director of The Flying Child (CIC)

This book documents the therapeutic journey undertaken by Sophie Olson and her therapist, Patricia Walsh and is essential reading for all interested in understanding or working with survivors of child sexual abuse.

Genre: Therapy, Counselling
Age: 18 +
Price: 19.99
ISBN: 9781915758057

Searching for the Remarkable in Things

Natalie Lucy

Clover has felt so alone since her mother passed away - there was only ever Mum and Clover and they were a team. That is until Clover discovers a box of old letters, dating back to 1850, where the voice of a young woman will tell Clover about her true heritage and the dark secrets that Mum hid from her.

A YA novel by debut author, Natalie Lucy.

Genre: Contemporary
Age: 12-18
Price: £10.99
ISBN: 9781915758132

Slettbyrd

Jenny Moore

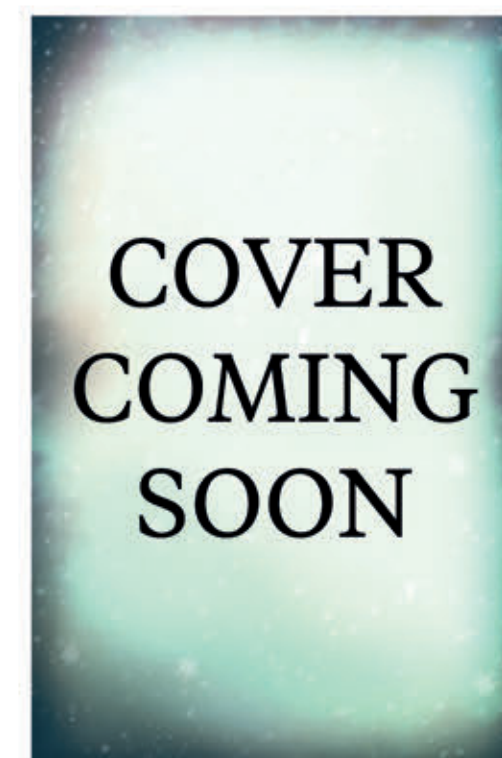
Ninety-nine years of winter. Ninety-nine years since the first white-haired, three-thumbed slettbyrd - the scourge of the Gjördish people - was born.

Ninety-nine years since the red-cloaked Slettseeker arrived to destroy every last slettbyrd child...

...with Janeck's baby sister next on the list.

To save her, 14-year-old Janeck Potetsky will have to relearn everything he thought he knew about the world. He'll have to take on the wild, snowy wastelands and the brutal prejudices of a century-long regime. He'll have to defeat the all-powerful Slettseeker... or die trying.

Genre: Fantasy
Age: 11-16
Price: £8.99
ISBN: 9781915758071





Reading

Since the ancient Egyptians books have been recognised as 'Healers for the Soul'.

Writing therapeutically reduces stress, increases well-being and helps to manage pain.

Creative writing and writing for therapeutic purposes are beneficial for mental health when supported by a mental health practitioner and good for emotional wellbeing with or without.

Reading reduces loneliness, develops theory of mind and creates insight, improves memory and decision making skills cognitively and emotionally.

Our purpose – why we do what we do

ZunTold is a publishing and therapy service, based in Manchester, led by a management team of counsellors and therapy managers with over 25 years' experience of delivering digital and in-person, trauma informed therapeutic services to children, young people and adults.

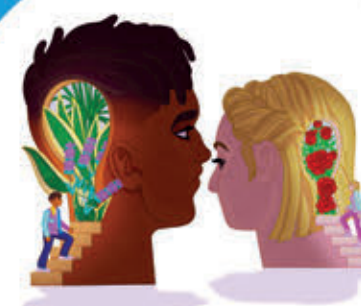
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Writing



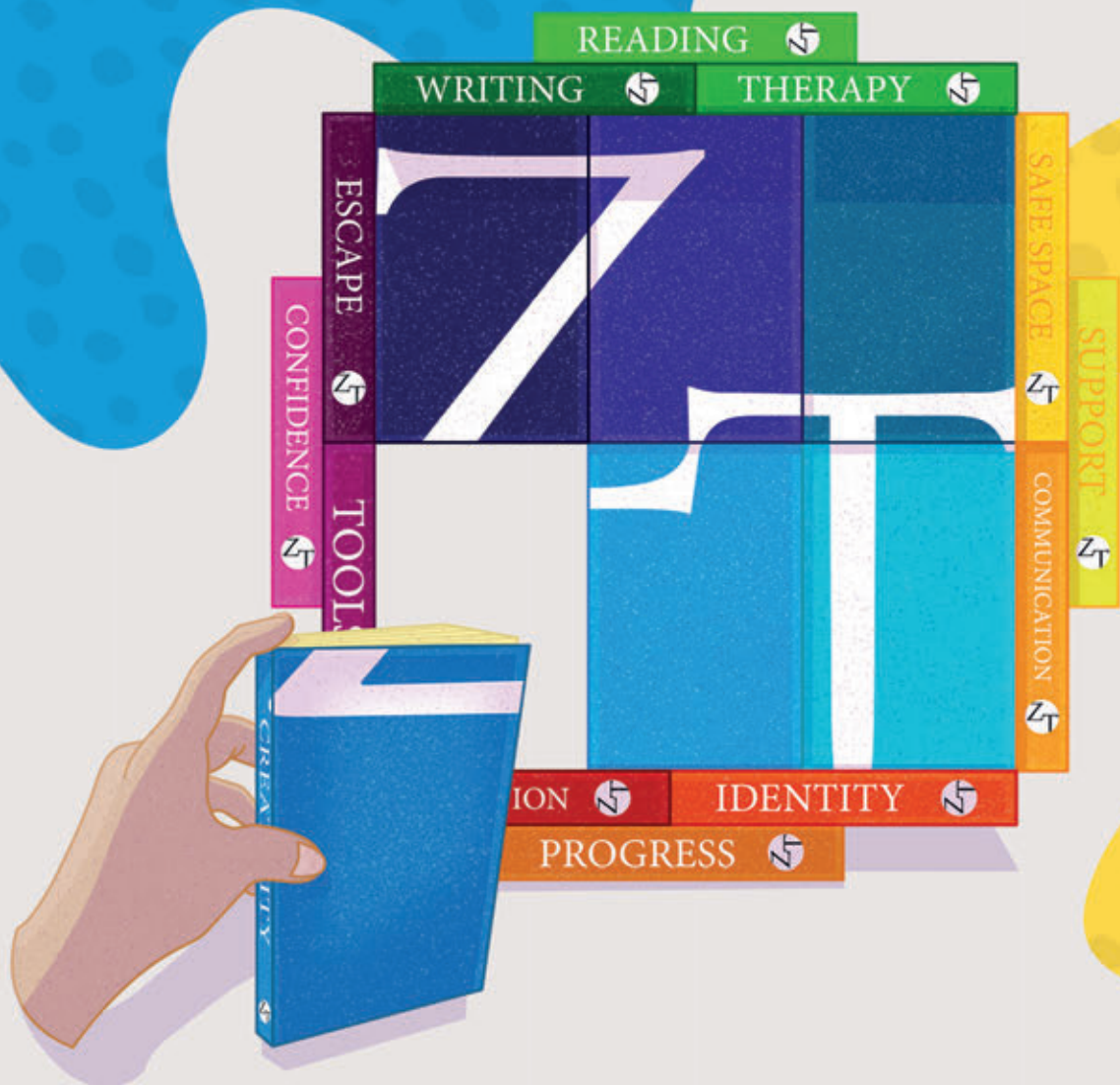
Therapy



Coming soon Fiction as Therapy

An exciting new
bibliotherapy platform

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