Therabody

2023

Keep Moving




Therabody
Therabody
THERAGUN PRO

Born Out of Necessity

In 2007, Dr. Jason Wersland, founder of Theragun®, got into a traumatic motorcycle accident. The accident left him in debilitating muscle and nerve pain, and nothing he tried seemed to help.

He tried treating his injuries with vibration therapy, and when that didn't work, he began his search for a handheld device that provided the deep muscle relief he needed. Dr. Jason was looking for an effective natural solution, and he couldn't find one that he could use on himself in the sea of technological devices at his chiropractic office. He didn't know it at the time, but he was about to create the world's first version of what was to become the Theragun Percussive Therapy device.

Founded on the Principles of Natural Pain Relief

Innovation is our DNA



2008



2009



2010



2012



2013

Research and Development Stage



2016
G1

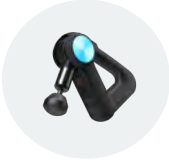
Company Launched



2017
G2



2019
G3



2020
G4

Rebranded as Therabody



2022
G5

Tune your mind, reset your body

At Therabody, our mission is to inspire and enable all people to keep their mind and body in motion. We recognize that self-care needs are ever-evolving, and we continue to innovate new solutions that support your daily journey. Whether it's alleviating aches and pains, recovering from a workout, managing stress, or promoting better sleep, we provide science-backed solutions to help tune your mind and reset your body.

Our science-backed approach to wellness and innovation reinforces the notion that the mind and body are irrefutably intertwined and should be treated as one entity. Stress can bring about all sorts of illness; physical ailments can affect our mental state and become distractions from the things we hope to accomplish. With the new additions to Therabody's lineup, we are making it easier and more convenient for you to move your mind and body, any time, anywhere.

Therabody keeps you moving.



THERAGUN

Smart Percussive Therapy

Massage Reinvented™



THERAGUN PRO™

Powerfully Quiet.

Powerful, quiet, and commercial-grade.
The professional percussive therapy device in a league of its own.



5th Generation

€599 / £575

Smarter and quieter than ever before, the Theragun PRO is the ultimate tool for recovery and pain relief to keep you moving. No other device is proven to improve your recovery, performance, mobility, sleep, and stress - all while making it easier to hit hard-to-reach areas with our patented signature triangle handle.

Features

- **NEW**: A redesigned brushless motor with proprietary QuietForce Technology™ that delivers superior power and 20% less noise
- **NEW**: 4 visually-guided routines built into your device via OLED screen
- **NEW**: 6 easy-to-clean attachments designed to personalize your recovery
- 150-minute total battery life with USB-C fast charging
- Sustainable packaging that uses 85% less plastic than previous generations
- Customizable speed range via the Therabody app
- Syncs with the Therabody app to control your device and personalize your recovery

Includes

- USB-C cable and adapter
- 1 Lithium-ion battery (150 minutes)
- Soft case
- Attachment pouch



Attachments

- Standard Ball, Dampener, Thumb, Wedge, SuperSoft, Micro-Point

THERAGUN Elite™

Felt, Not Heard.

Premium. Effective. Eleva ed.
The Theragun Elite is our quietest
Smart Percussive Therapy device.



€399 / £375

The elegantly designed ultimate wellness partner is quieter than ever. It integrates with a personalized app experience to reduce your tension, whether it comes from everyday life, work, or workouts.

Features

- Proprietary brushless motor with QuietForce Technology
- Smart Percussive Therapy with Bluetooth connectivity
- 3 built-in app-guided preset routines
- OLED screen
- Customizable speed range (1750-2400 PPMs)
- Force meter
- Delivers up to 40 lbs of no-stall force
- Wireless charging enabled
- Internal lithium-ion battery (120 minutes)
- Theragun Triangle ergonomic handle design
- 1-year warranty

Includes

- Hard case
- 5 attachments
- Power adapter







Attachments

- Dampener, Standard Ball, Wedge, Thumb, Cone

THERAGUN Prime™

Essential Features. Hardly Any Sound.

The Theragun Prime is the perfect balance of strength and style.



€299 / £275

With our intuitive app as your guide, the Theragun Prime o ers deep muscle treatment simpli ed for your needs with the essential percussive therapy features to release everyday stress and strain.

Features

- Proprietary brushless motor with QuietForce Technology
- Smart Percussive Therapy with Bluetooth connectivity
- App-guided routines
- 5-speed range with customizable speed through our app
- Delivers up to 30 lbs of no-stall force
- Internal lithium-ion battery (120 minutes)
- Theragun Triangle ergonomic handle design
- 1-year warranty

Includes

- Pouch
- 4 attachments
- Power adapter







Attachments

- Dampener, Standard Ball, Thumb, Cone

THERAGUN mini™

Small Device.
Big Performance.

Portable treatment packed with power.
Theragun quality, anytime, anywhere.



2nd Generation

€199 / £175

Theragun mini is your pocket-sized partner, giving you Theragun quality muscle treatment with unparalleled portability. Compact but powerful, Theragun mini is the most agile massage device that goes wherever you do.

Features

- 20% smaller and 30% lighter vs. mini 1.0
- Bluetooth compatible via Therabody app
- 3 easy-to-clean closed-cell foam attachments
- Force meter and in in nite speeds through the Therabody App
- 120 minute total battery life with USB-C fast charging
- Sustainable packaging that uses 85% less plastic than previous generations
- 2 Colorways: black and desert rose

Includes

- Soft case
- USB-A to USB-C charging cable



Attachments

- Standard Ball, Dampener, Thumb

Device Comparison

	Theragun PRO™ 5th Generation €599 / £575 	**Theragun Elite™** €399 / £375 
1	Customizable speed range (1750-2400 PPMs)	Customizable speed range (1750-2400 PPMs)
2	16 mm	16 mm
3	60 lbs	40 lbs
4	Internal lithium-ion battery (150 minutes)	Internal lithium-ion battery (120 minutes)
5	Adjustable arm	Fixed arm
6	**NEW**: A redesigned brushless motor with proprietary QuietForce Technology™ that delivers superior power and 20% less noise	Proprietary brushless motor with QuietForce Technology™
7	Yes	Yes
8	**NEW**: 4 visually-guided routines (Sleep, Workout Warm Up, Workout Recovery, Theragun Break) displayed via the OLED screen	3
9	Yes	Yes
10	Yes	Yes
11	**NEW**: Dampener, Standard Ball, Wedge, Thumb, Cone, Supersoft, Micro-Point	Dampener, Standard Ball, Thumb, Cone, Wedge
12	Yes	No
13	**NEW**: Soft Case	Hard case
14	2.86 lbs	2.20 lbs
15	Industry-leading 2-year warranty	2-year warranty

1. Speed 2. Amplitude 3. Force 4. Battery Life 5. Arm Position 6. Motor 7. Bluetooth Connectivity 8. Built-in Presets 9. OLED Screen 10. Wireless Charging Enabled 11. Attachment 12. Attachment Pouch 13. Travel Case 14. Weight 15. Warranty

	Theragun Prime™	**Theragun mini™** 2th Generation
	€299 / £275 	€199 / £175 
1	5-speed range with customizable speed through our app	3-speeds (1750, 2100, 2400 PPMs)
2	16 mm	12 mm
3	30 lbs	20 lbs
4	Internal lithium-ion battery (120 minutes)	Internal lithium-ion battery (120 minutes)
5	Fixed arm	Fixed arm
6	Proprietary brushless motor with QuietForce Technology™	Proprietary brushless motor with QuietForce Technology™
7	Yes	No
8	No	No
9	No	No
10	No	No
11	Dampener, Standard Ball, Thumb, Cone	**NEW**: Standard Ball, Dampener, Thumb
12	No	No
13	Pouch	Soft Case
14	2.20 lbs	**NEW**: 1 lb (20% smaller, 30% lighter)
15	2-year warranty	2-year warranty

1. Speed 2. Amplitude 3. Force 4. Battery Life 5. Arm Position 6. Motor 7. Bluetooth Connectivity 8. Built-in Presets 9. OLED Screen 10. Wireless Charging Enabled 11. Attachment 12. Attachment Pouch 13. Travel Case 14. Weight 15. Warranty


TheraFace PRO
by Therabody
The Ultimate Device for Facial Health

TheraFace **PRO**
by Therabody

The Ultimate Device for Facial Health



€399 / £375

Bringing Therabody's renowned technology behind percussive therapy to the face to reduce tension, relax facial muscles, and care for it at the deepest level — true facial health therapy. It combines percussion, microcurrent, LED therapy, and cleansing to treat your complexion and facial muscles.

Features

Percussive facial therapy

- Reduces facial tension
- Relaxes facial muscles

Microcurrent

- Firms and tightens the skin
- Improves muscle tone and contour in the face/neck

Percussive facial therapy

- Reduces wrinkles around the eyes
- Reduces acne
- Provides therapeutic warming to temporarily reduce pain and discomfort

Deep cleansing with percussive therapy

- Provides a gentle, enhanced cleansing

Additional Features

- OLED screen
- 120-minute battery life
- 15 sec. beep for guided timing during treatments
- Two color options (white & rose gold, black & gold

Includes

- TheraFace PRO device
- 3 Percussive Facial Attachments (Cone, Micro-Point, Flat)
- Microcurrent Ring
- LED Ring (Red, Blue, & Red+ Infrared Light)
- Cleansing Ring
- TheraOne Conductive Gel (1.7 oz)
- Soft Carrying Bag
- Stand
- USB-A to USB-C charging cable



Hot & Cold Rings

Powered by Cryothermal Technology





€99 / £79

The TheraFace Hot and Cold Rings, which attach to your TheraFace PRO device, feature a combined 6 varying temperature settings to better help your skin absorb creams, help reduce facial puffiness, improve radian , and much more.

Hot Ring

- Relaxes and reduces tension
- Decreases muscle spasms
- Increases blood flow

Hot Ring Temperature Settings:

- 35C/95F
- 39C/102F
- 43C/109F

Cold Ring

- Decreases pain
- Decreasesinflammation
- Decreases muscle spasms

Cold Ring Temperature Settings:

- 26C/78F
- 22C/71F
- 18C/65F

Includes

- 1 TheraFace Hot Ring
- 1 TheraFace Cold Ring
- Soft Carrying Case


SmartGoggles™
Relaxation meets relief.
Powered by SmartSense Technology™

SmartGoggles™

Fully Customizable Pneumatic Compression System





€199 / £174

SmartGoggles are designed to help you relax and sleep better. Whether you stare at a screen all day, suffer from headaches or struggle o fall asleep, SmartGoggles can ease facial tension, relieve eye strain, decrease headache pain and relax your body and mind to prepare for sleep.

The SmartGoggles Difference

Biometric Intelligence

Soothing Massage

Custom Heat & Vibration



Features

- SmartSense Technology powers SmartRelax mode to slow your heart rate and reduce stress and anxiety with trackable results in the Therabody app
- Multiple modalities–vibration, massage, heat–tailored to provide relaxation for the eyes and face
- Three modes: Focus, SmartRelax and Sleep for custom mind and body wellness
- Portable, foldable design for relaxation wherever you go
- Designed for use with the Therabody app that integrates SmartGoggles with TheraMind's performance-enhancing audio content

Benefits

- Improves sleep quality
- Relieves eye strain
- Ease discomfort related to headaches and migraines
- Reduces facial tension

Includes

- SmartGoggles device
- Soft case
- USB-A to USB-c charging cable

WaveSeries

Vibration Therapy

The most advanced technology in rolling and recovery



Wave Roller ™

Smart Vibrating Foam Roller





€149 / £125

The Wave Roller is thoughtfully constructed to deliver the most powerful and efficient foam rolling experience. The smart vibrating foam ro er is Bluetooth enabled with five in ensity settings, which allow you to tailor both your warm-up and recovery conveniently from your mobile device with the Therabody app.

Features

- 5-speed settings for a customized experience
- 3-hour battery life for sustained use
- 12 inches long for full-body treatment
- Hypo-allergenic EVA high-density foam for full-body support

Smart Features

- Wireless charging enabled
- Bluetooth connectivity

Includes

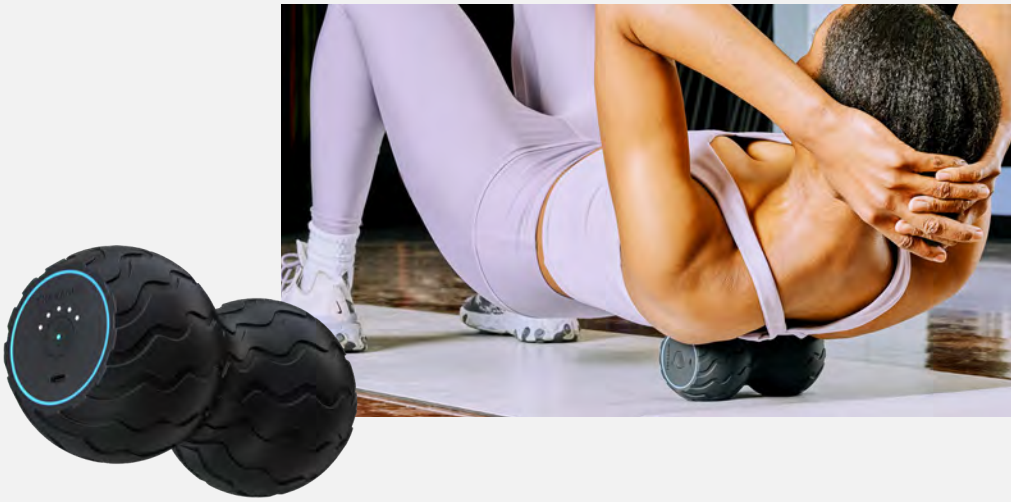
- Charger
- Deluxe carrying bag

*Add-on Feature: Multi-Device Wireless Charger available for purchase which charges your Wave Roller, in addition to the Theragun PRO and Theragun Elite devices.



Wave Duo™

Portable. Versatile. Ergonomic.



€99 / £89

Reduce tension and increase range of motion with the Wave Duo. It's thoughtfully constructed and ergonomically designed to apply pressure and vibration to those hard to reach areas.

Features

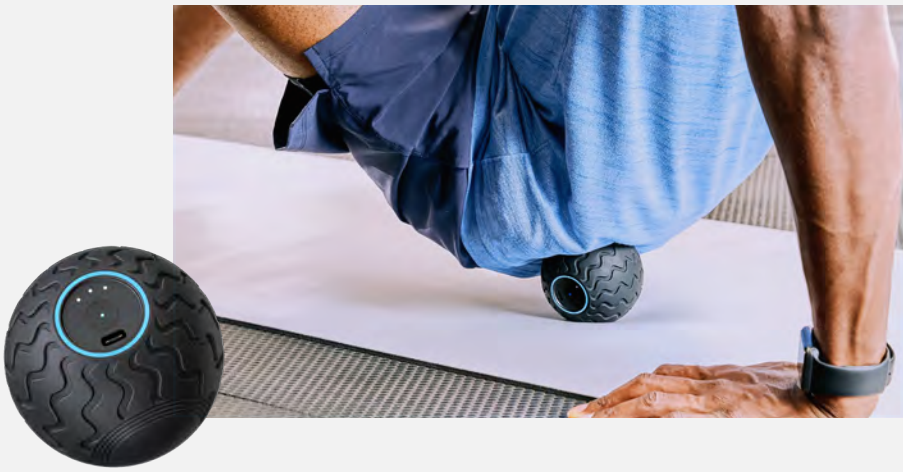
- 5 intensity settings for a customized experience
- 200 minute battery life for sustainable use
- Hypo-allergenic textured silicone
- Bluetooth connectivity
- USB-C enabled

Includes

- USB-A to USB-C cable

Wave Solo™

Lightweight and Ultra-Portable



€79 / £69

The Wave Solo is lightweight, powerful, and ergonomically designed. Utilizing QuietRoll Technology™, the Wave Solo comes equipped with a range of vibration zones that help to release tension and increase range of motion from the soles of your feet to the tops of your shoulders. Get focused treatment where you need it, wherever you are.

Features

- 3 intensity settings for a customized experience
- 120 minute battery life for sustainable use
- 3.4" for ultra-portable full-body treatment
- Hypo-allergenic textured silicone
- Bluetooth connectivity
- USB-C enabled

Includes

- Carrying pouch
- USB-A to USB-C cable



RecoveryPulse

Recovery that *moves* with you.
Enhanced compression sleeves with vibration for on-the-go relief.

RecoveryPulse

Discover the power of compression ***with*** vibration.

Introducing RecoveryPulse: The world's first wearable compression garment with vibration and far infrared benefits for increased circulation and accelerated pain relief and recovery.



RecoveryPulse Arm

€149 / £129 (Single)
€249 / £219 (Pair)



RecoveryPulse Calf

€149 / £129 (Single)
€249 / £219 (Pair)

RecoveryPulse combines vibration, compression and germanium-infused fabric that offers far infrared benefits, all in one convenient, washable, and effective wearable. Increase circulation, accelerate recovery, and reduce soreness through almost any activity, whether you're on your feet all day, on a long flight, stretching after a workout, or just relaxing at home.



Key Benefits

- Reduces soreness and pain in the biceps, triceps, forearms, and calf muscles
- Accelerates recovery
- Increases relaxation
- Improves flexibility and mobility
- Maximizes warm-up
- Increases circulation

Key Benefits

- Reduces soreness and pain in the biceps, triceps, forearms, and calf muscles
- Accelerates recovery
- Increases relaxation
- Improves flexibility and mobility
- Maximizes warm-up
- Increases circulation



3 vibration modes for a variety of treatments.

- **Mode 1** - Low: For general recovery and increased circulation.
- **Mode 2** - High: For warm-up and activity preparation.
- **Mode 3** - Wave: A dynamic vibration pattern for treating pain and soreness.

What's Included

- Single - 1 RecoveryPulse Device
- USB-C to USB-A charging cable
- USB-C cable and adapter
- Laundry / travel pouch

Available Sizes

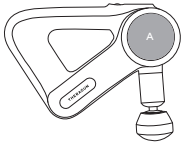
- RecoveryPulse Arm - XS / S/ M / L / XL
- RecoveryPulse Calf – XS / S/ M / L / XL / XXL



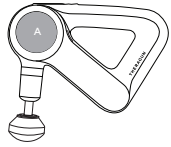
Therabody

Personalisation Guide

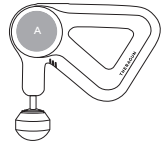
Device Decoration



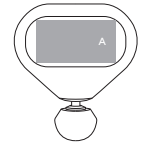
THERAGUN PRO
A: Motor Circle 2.0" Diameter



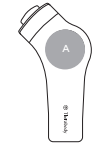
THERAGUN Elite
A: Motor Circle 1.75" Diameter



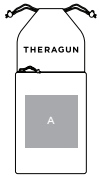
THERAGUN Prime
A: Motor Circle 1.75" Diameter



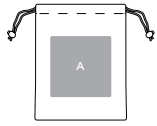
THERAGUN mini
A: Handle Opposite Logo
Side 3.5" W x 1.5" H



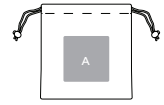
TheraFace PRO
A: Motor Circle :
1.25" Diameter



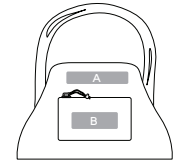
Wave Roller™
A: Silkscreened on Pocket
Below Theragun Logo
Center 4.0" W x 4.0" H



Wave Duo™
A: Silkscreened on Opposite
Side From Theragun Logo
Center 4.0" W x 4.0" H



Wave Solo™
A: Silkscreened on Opposite
Side From Theragun Logo
Center 3.0" W x 3.0" H



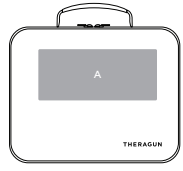
Yoga Mat
A: Silkscreened Above Pocket
Center 6.0" W x 1.5" H

B: Silkscreened on Pocket
Opposite Side From Theragun logo
Center 5.0" W x 2.5" H

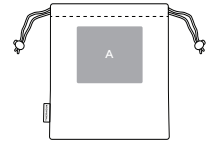
Case Decoration



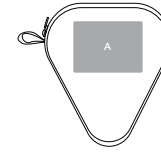
THERAGUN PRO
A: Silkscreened in Optical
Center 8.0" W x 4.0" H



THERAGUN Elite
A: Silkscreened in Optical
Center 8.0" W x 4.0" H

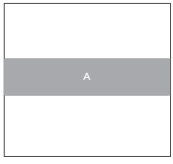


THERAGUN Prime
A: Silkscreened in Optical
Center 4.0" W x 4.0" H

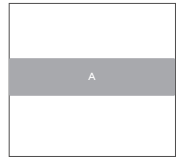


THERAGUN mini
A: Silkscreened in Optical
Center 3.5" W x 2.0" H

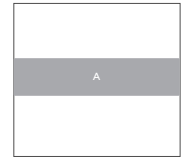
Belly Band Decoration



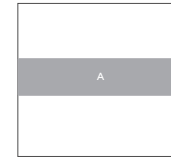
THERAGUN PRO
A: Four-Color Process
Belly Band 42.68" W x 4.0" H



THERAGUN Elite
A: Four-Color Process
Belly Band 32.68" W x 4.0" H



THERAGUN Prime
A: Four-Color Process
Belly Band 29.30" W x 4.0" H



THERAGUN mini
A: Four-Color Process
Belly Band 23.68" W x 2.5" H

Device, Case, and Pouch Personalisation Pricing is Provided Upon Application.

Therabody

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Wellness devices and more at Therabody.com