



ÅMOT

Welcome to Åmot



The essence of Fjord Norway



ÅMOT

A rural haven hidden away in the heart of the Norwegian fjords, Åmot is where authenticity meets exclusivity. A natural retreat, a secluded sanctuary, a revitalizing experience.



Authentic Affair

Our Mission

“To stay at Åmot is to step into a painting of calm. A breathing space. A perfect pause. A time to reflect, to revitalise, and to rediscover the finer things in life”

When visiting Åmot, the feeling is that of being welcomed home.

Hidden deep in Norway’s fjord country, this property dating back to 1890s which has been in the same family for five generations, is one of Scandinavia’s most authentic luxury experiences. Åmot immerses you deep into the peace, history and untouched nature of a world undisturbed - where you can retreat for days, to read, hike and explore Norway’s unique fjord lifestyle with your family and friends.

From the moment you arrive, you will enter a private retreat where you can listen to the rippling river, relax in the courtyard by the bonfire or in the hot tub under a starry sky and enjoy the music of local talents in our barn. You can feast on Angus beef reared on the fjord’s pastures and hike through meadows shimmering with butterflies and swaths of summer flowers. We can organise bespoke helicopter excursions over virgin glaciers, or a day’s fishing on one of the best salmon runs in Norway.

All of this is possible because of Åmot’s owners. Steinar Sørli and Yngve Brakstad are rooted in the local community, relying on an extended family of fishermen, farmers and artists to provide unique access to a world as magical as it is little known.

The magic of Åmot

Åmot is an exclusive use property:

- *Åmot is a family-owned and operated high-end exclusive use property*
- *Accommodates up to 14 guests, with a minimum stay of 3 nights*
- *A fully staffed and catered property with owner, hosts, chefs and activity guides*
- *Magnificent dining area, open plan kitchen and breakfast room, and several cozy lounge areas with three fireplaces*
- *A vibrant gated garden with a wooden hot tub, a sunny yoga studio, movie room and a secluded courtyard*

The Åmot Experience:

- *Warm and welcoming hosts committed to providing a luxurious 5-star experience*
- *Access to the unexplored fjords, mountains, and rivers of Sunnfjord*
- *All-Inclusive Stay*
- *Pre-arrival planning with General Manager, and customized itinerary including daily guided activities, a day on the fjord, use of e-bikes and morning yoga*
- *Exclusive amenities including turn-down service, laundry service, 24/7 room service and staff.*

** Additional activities are available by prior arrangement – including helicopter tours, kayaking, salmon fishing, SUP, private music recital, massages, beauty treatments & personal training (wouldn't have this centralised)*

Serene Sunnfjord

Destination The Fjord landscape

Situated at the end of the stunning Sunnfjord, Åmot is a homage to the past, a retreat in the present. In this tranquil landscape, unchanged down through the centuries, life has always moved at a slower pace. Scented flower gardens and roaring waterfalls, the sparkling waters of the fjord and the deep mysteries of the forest, all this richness provides the perfect backdrop for your Åmot experience.



Fjords:

A fjord is a deep, narrow and elongated sea, with steep land on three sides. The opening toward the sea is called the mouth of the fjord, and is often shallow. The fjord's inner part is called the sea bottom. If the geological formation is wider than it is long, it is not a fjord. Then it is a bay or cove.

The fjords were formed by the giant glacier tongues that through several ice ages have shaped the landscape.

Fjord in its basic meaning "where one fares through", then has the same origin that the word "fare" (travel). The verb "fare" and the noun "ferry", have the same origin.

Your Hosts

As the fifth generation owner, Steinar has an enduring love for the estate and its heritage which reflects is reflected in his hospitality. As an experienced architect, Yngve has been instrumental in creating Åmot's unique aesthetic. Together, they nurture the estate's strong connection to the local community and its producers. Steinar, Yngve and the local community are ready and waiting to welcome you home to Åmot.



The Property

Åmot accommodations are split across *The Villa* and *The Cottage*. There are a total of 7 bedrooms and 6 bathrooms – sleeping up to 14 guests. *The Barn* boasts a magnificent dining area and lounge with fireplace, open kitchen with breakfast room and bar and several cosy lounges. Other features include a vibrant gated garden with a hot tub, a sunny yoga studio and a secluded courtyard.



The Villa

Dating back to 1890, the original *Villa* which has been lovingly restored and modernised features three ensuite bedrooms across 3 floors, accommodating up to 6 people. On the ground floor, the *Garden Suite* consists of an open plan bedroom and sitting area, with a spacious modern bathroom and freestanding bath. On the middle floor the *Rollaug Suite* comprises of a striking living area and separate bedroom. The top floor is the *Oline Suite*, with a delightful living room, bedroom and views over the entire property.







The Cottage

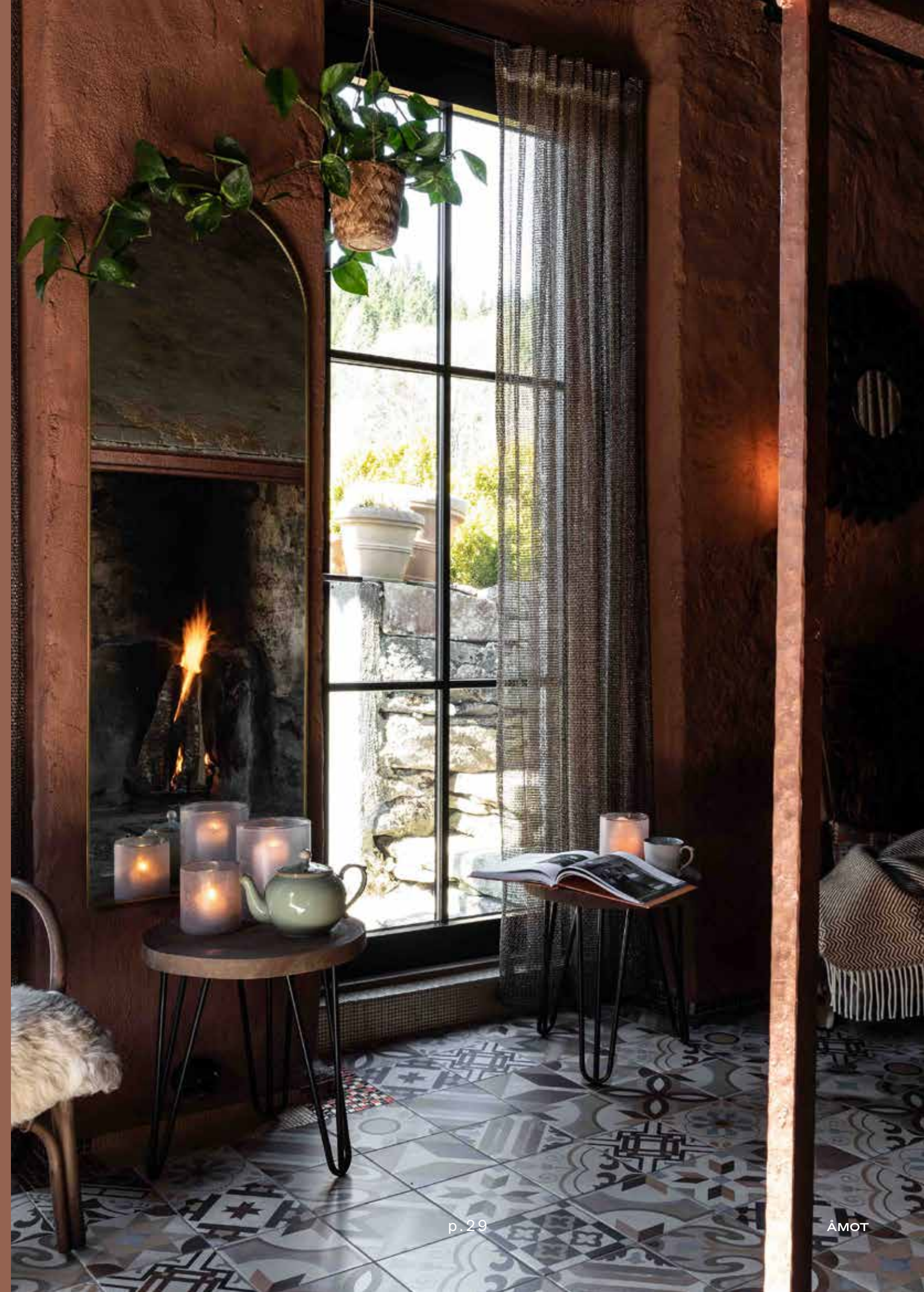
Originally built in the 1820s this charming guesthouse has 4 bedrooms and 3 bathrooms, sleeping up to 8 guests. The ground floor is made up of *Søren's Room*, which is a master en-suite with an open plan lounge area. Adjoining to it is the cosy *Sigurd's Room* with en-suite bathroom and a separate entrance. These two rooms can make up a family suite. Upstairs is the *Steinar Suite* with 2 bedrooms (one of them with twin beds), a separate living area and modern bathroom with walk in shower.





The Smoke House

In the courtyard *The Smoke House* offers a quiet drawing room with a fireplace. Perfect for reading, enjoying afternoon tea, aperitif or simply soaking up the serene view of the garden and mountains beyond.





The Barn

The Barn is the beating heart of Amot
- the place where everyone gathers.
It is home to an open kitchen with an Aga
looking onto the breakfast room and an
adjoining bar. This leads through to a mag-
nificent dining room, the sitting room with
a fireplace and a cosy library. Upstairs is a
sunny yoga studio and movie room.







The Culinary Experience

A Taste of Sunnfjord

Join Åmot's local chef and learn about Norwegian food culture whilst indulging in the wonderful flavours of Sunnfjord. The open kitchen in The Barn is always ready with new flavours. Here, guests may relax and enjoy local snacks and refreshing Nordic beverages, before slipping through the doorway that leads to the lounge with an open fireplace and dining area.











Wellness at Åmot

At Åmot you can enjoy the warm wooden hot tub in the garden, or for the daring ones; walk down to the river for a bracing cool down. Start each morning with a yoga session tailored to your needs. Massages can also be organised on request.







Pristine Norway,
revealed to you by people
who care

Activities

Sunnfjord is one of Scandinavia's most dramatic, pristine landscapes — little visited, utterly authentic. Our Excursions are organised on a bespoke basis, by the local guide team Fjeldfolk (Mountain people/folk).

As guests of Åmot, the guides, producers and artists in this region welcome you into their world as they share their secrets. You can meet musicians, artists, cooks, farmers, foragers, all of whom will immerse you in the true fjord lifestyle. We can organise bespoke helicopter excursions over virgin glaciers, or a day's fishing on one of the best salmon runs in the country - in The River of Gaula, as well as mountain hiking or e-bikes in the valley.

This selection of activities are included in your stay:

A Day at The Fjord:

Explore the stunning and unexplored Dalsfjord on a private boat trip. A private fjord, with no cruise ships, accompanied by a local captain and guide. Admire beautiful Laukelandsfossen Waterfall up close and go for a swim beneath it. Enjoy a lunch at a private boathouse, opened exclusively to Amot's guests and accessed only by boat.

Guided hiking tour:

Scenic Hikes of various level of difficulty are available in the area.

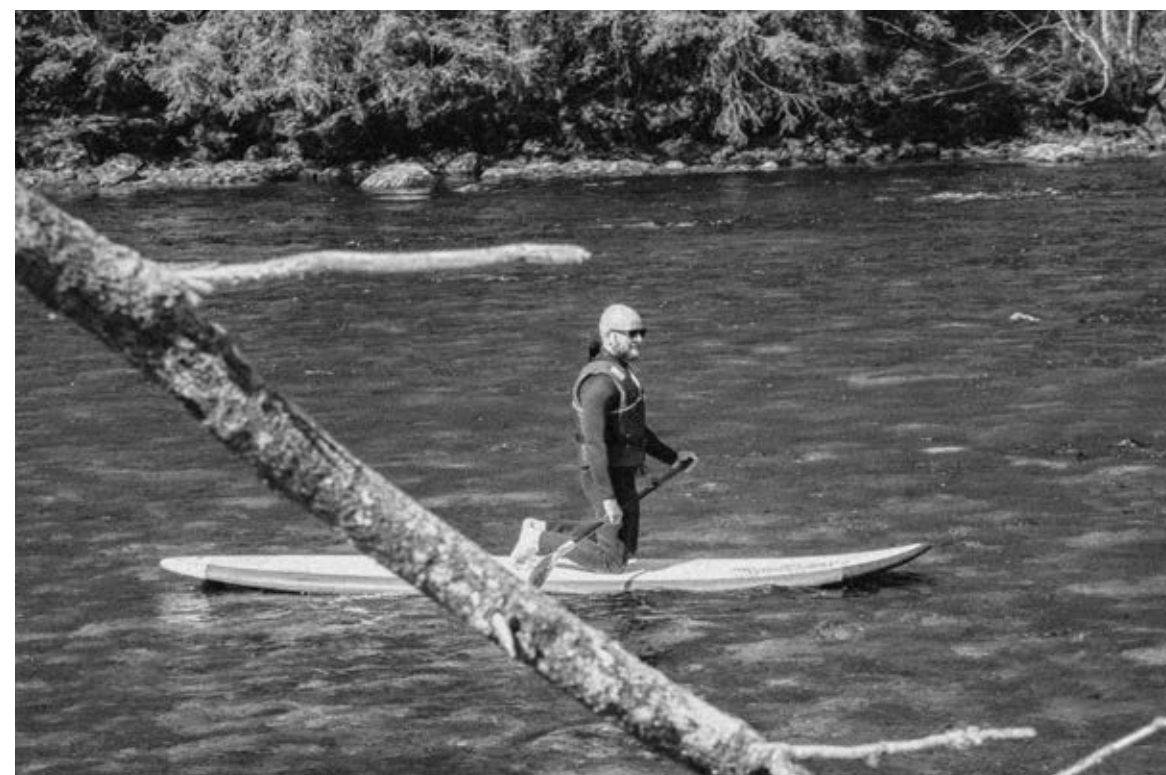
Stand Up Paddling (SUP):

The calm waters in the inner fjord provides great conditions.

The calm waters of the inner fjord provide great conditions for this peaceful activity to immerse yourself in nature

Guided bike tour:

Enjoy scenic bike routes with little traffic.





This selection of activities are available at an additional cost upon request :

Guided kayaking tour:

Explore the fjord and cascading waterfalls on a private kayak excursion.

Salmon fishing at Osfossen:

Norway's oldest salmon stairs, accompanied by expert guides.

Glacier hiking :

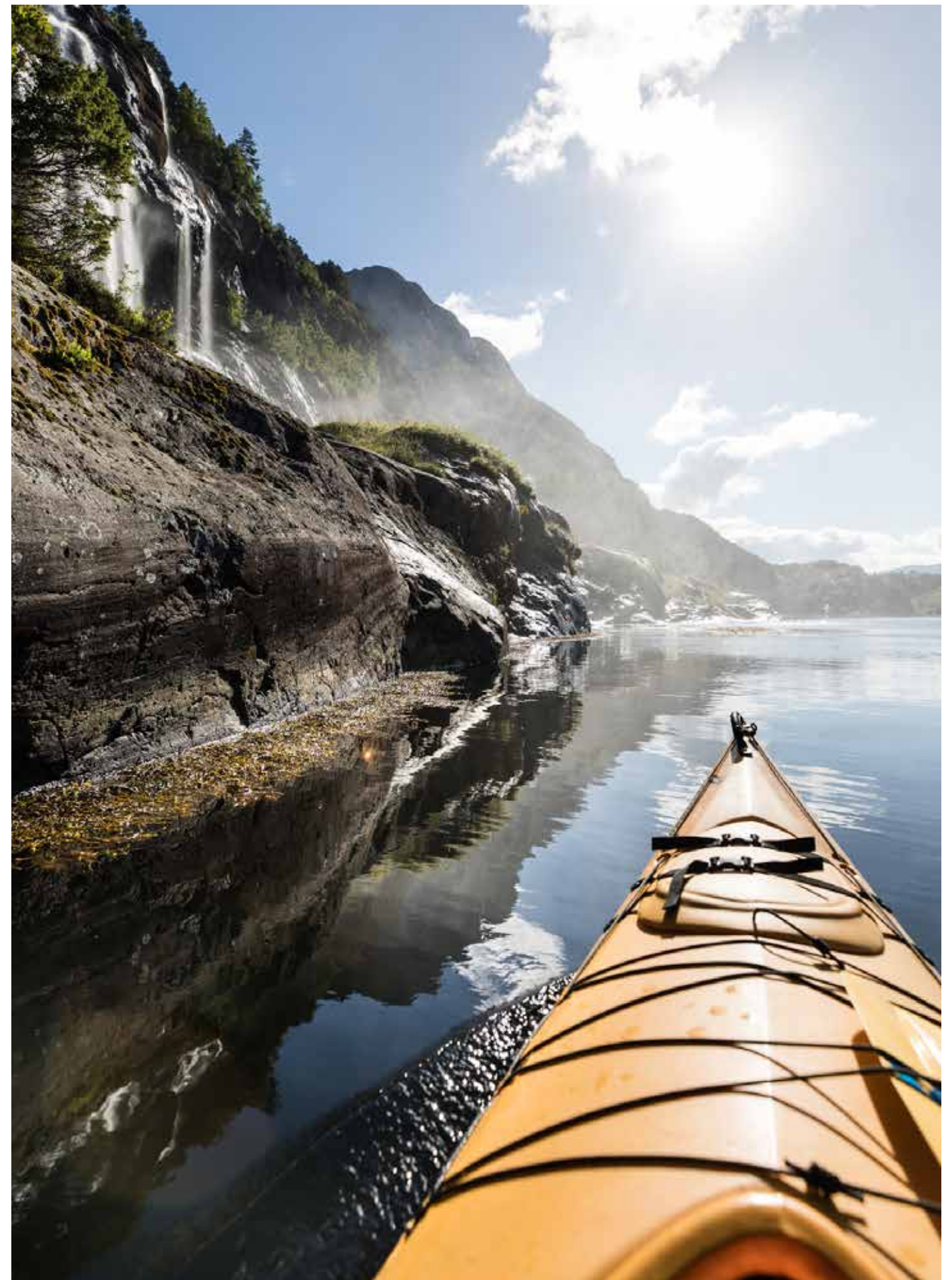
Join experienced guides on an unforgettable hike.



Private Helicopter Tours:

Helicopter tours enable you to admire Norway from above. Explore the famous fjord landscape and stop at a small island community, far out at sea. Both twin-engine and single-engine options available for transfers and sightseeing tours.





Getting
there

Location

CONTACT:

www.amotnorway.com

The Direct Route: *Fly to Førde, then transfer to Åmot.*

Despite being in a remote, untouched region of Norway, accessing Åmot by plane is very easy. Førde Airport FDE is a 50 minute flight from Oslo, and is only a 5-minute drive from Åmot – guests are greeted at the airport by their host.

The Scenic Route: *Fly to Bergen, then drive to Åmot.*

The drive from Bergen Airport BGO to Åmot encompasses dramatic mountain vistas, vast lakes and expansive stretches of empty road by the fjords. It is a beautiful way to reach us, taking no more than three hours including a 20 min ferry crossing at Sognefjorden, with a route that is easy to navigate.

The Fjord Route: *Fly to Bergen, charter a boat to the village Bygstad, then transfer to Åmot.*

You can charter a 58 ft Fairline Squadron yacht or a Axopar from Top The Fjords and journey to Åmot along the fjord — a truly spectacular way to take in the magnitude of Norway's fjords. Bygstad Harbour to Åmot is a 10 min road transfer.

Helicopter:

Helicopter transfers can be arranged. A single engine helicopter can land on the property. Twin engine helicopters land at Førde airport, followed by a 5 minute transfer to Åmot.





ÅMOT

Luxury lodging
since 1890

